Polyvascular Clinic
Specialized Check-up Program For Prevention Of Vascular Diseases

Stroke
Myocardial infarction
Aortic disease
Peripheral disease
What is Polyvascular Clinic?
Polyvascular disease is defined as presence of more than one affected vascular territory, that is, any combination of the following: coronary artery disease (CAD), peripheral arterial disease (PAD), and cerebrovascular disease (CVD).

Coronary artery disease (CAD), peripheral arterial disease (PAD), and cerebrovascular disease (CVD) are due to atherosclerosis in common. Since those diseases have similar risk factors and causes it is likely that clinically relevant atherosclerotic lesions simultaneously exist in at least two major vascular territories.

Due to an increase in chronic diseases such as diabetes, hypertension, hyperlipidemia and changes in lifestyle, the incidence of major vascular diseases and the mortality caused by those diseases are increasing.

Therefore, early diagnosis and prevention through screening are important.

Who Needs The Clinic?
Risk factor of polyvascular disease
- Old age
- Diabetes, hyperlipidemia, hypertension
- Smoking, obese, lack of exercise, hot-temper
- Family history of angina or stroke

Who needs the clinic?
1. High risk group
   - Angina or myocardial infarction patients
   - Stroke or transient ischemia patients
   - Aorta or peripheral arterial disease patients

2. Patients who want to screen for ones’ vascular health condition.
# What Clinic Offers

<table>
<thead>
<tr>
<th>Screening Diseases</th>
<th>Package A</th>
<th>Package B</th>
<th>Duration (min.)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cerebrovascular</td>
<td>Early detection of brain hemorrhage &amp; stroke</td>
<td>Head MRI, MRA</td>
<td>Head MRI, MRA</td>
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<tr>
<td>Cardiovascular / Aorta</td>
<td>Screening for anatomical abnormality &amp; malfunction of heart</td>
<td>Echocardiography</td>
<td>Echocardiography</td>
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<tr>
<td></td>
<td>Screening for angina, arrhythmia, and valve diseases</td>
<td>PVD CT</td>
<td>Exercise stress echo (in case of contrast medium side effect)</td>
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<tr>
<td>Peripheral blood vessel</td>
<td>Early detection of peripheral artery diseases by screening for limb vascular function</td>
<td>Duplex scan</td>
<td>Duplex scan</td>
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<tr>
<td>Basic</td>
<td></td>
<td></td>
<td>Blood test, Chest x-ray, EKG</td>
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<tr>
<td>Consultation</td>
<td>• Pre-consultation with a primary physician</td>
<td></td>
<td></td>
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<tr>
<td></td>
<td>• Post multidisciplinary consultation with neurologist &amp; cardiologist</td>
<td></td>
<td></td>
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<tr>
<td>Price</td>
<td>4,300,000 KRW</td>
<td>3,700,000 KRW</td>
<td>30</td>
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</tbody>
</table>

*The price is as of 2020. It may be changed due to the annual regular increase of the medical cost.*
Multi-disciplinary Consultation

SMC offers face to face multi-disciplinary consultation as a patient-centered services. Instead of traveling around the hospital, patients can meet our top-notch specialists in multi-disciplinary consultation at once.

General Process
(takes at least 2 weeks)

- **Day 1~3**
  - Get prescriptions for exams
  - Consultation with neurologist
  - Consultation with cardiologist

- **Day 4~10**: Exams

- **Day 10~13**
  - Consultations on exam results
  - Consultation with neurologist
  - Consultation with cardiologist

Process with multi-disciplinary consultation takes only 2 working days
Process & Schedule

Make an appointment: Before one month

Day 1

Consultation with primary care physician

Day 2

Exams

Face to face multi-disciplinary consultation (neurologist, cardiologist)

Refer to the specialists for treatment

Further schedule (fast track)

Treatment (if needed)

* Further schedules will be decided and arranged after the multi-disciplinary consultation.
Medical Staff

**Cardiology**
Professor, Division of Cardiology
Heart Vascular Stroke Institute
Director of External Affairs

Clinical & Research Interests
Myocardial disease, Cardiovascular disease, Hypertrophic cardiomyopathy, Heart failure, Valve disease, Hypertension, Hyperlipidemia

Sang Chol Lee, Prof., M.D., Ph.D.

**Neurology**
Professor, Division of Neurology
Heart Vascular Stroke Institute

Clinical & Research Interests
Stroke, Cerebral infarction, Carotid stenosis, Transient ischemia, Moyamoya, Headache, Dizziness

Jong Won Chung, Prof., M.D., Ph.D.

How To Request An Appointment

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